

## Grade Level Analysis

### Grade: Four

Fourth graders interest in movement is changing from simple joy to finding attainment in the end product.

The physical education environment will be transitional. Students will be taking previous learned fundamental motor skills and begin applying them to more challenging activities (e.g. sports, fitness).

### Content goals and objectives:

Students will:

1. Begin to demonstrate competencies in fundamental motor skills (locomotor, non-locomotor, and manipulative).
2. Develop an appreciation for physical activity and the role it plays in lifelong wellness.
3. Acquire a vast knowledge of activities to participate in during leisure time.
4. Demonstrate responsible social behavior (e.g. fair play, cooperation, respect for equipment).
5. Begin to acquire the knowledge of sports history, rules, and terminology.
6. Learn to execute various sports skills.
7. Be able to understand levels of fitness in relationship to other students (the same age and gender) in the United States.
8. Enhance coordination, strength, and endurance.
9. Demonstrate competencies in rhythmic skills.

**Evaluation**

Basic teacher observation and verbal feedback.

Game performance assessment instrument.

The President's Challenge Fitness Test.

Report card grade.

**Learning Activities (such as):**

Basketball (lead up drills and games)

Fitness Testing

Interdisciplinary games and activities

Cooperative challenges

Climbing

Soccer (lead up drills and games)

Simple games

Playground games

Fitness awareness activities

Field Hockey (lead up drills and games)